

You've Graduated!!!

Important Info:

- Normal aging causes everyone's teeth to shift as they get older
- Wearing retainers is the only way to keep your teeth straight
- We recommend wearing them most nights, but at least enough that:
 - They don't become tight, and don't make your teeth sore
 - There are no gaps between the retainers & edges of your teeth

Also Note:

Having your wisdom teeth out is not enough to stop this process. However, please have your dentist monitor them for other problems.

And Finally:

Please call us ASAP if you have any problems. It's much easier to keep them straight than make them straight!